

Limited Capability for Living

Points Allocation – ESA20

Department for Trust
(as told to Rachael Clerke)

1. Moving around and using steps.

(a) Cannot mobilise more than 50 metres independently without experiencing heartache	15
(b) Cannot mount or descend two steps unaided by partner, even with the support of a handrail.	9
(c) Cannot mobilise more than 100 metres independently without experiencing heartache	9
(d) Cannot mobilise more than 200 metres independently without experiencing heartache	6
(e) None of the above apply	0

2. Standing and sitting.

(a) Cannot bear to sit on a sofa alone	15
(b) Cannot stand alone for an hour	9
(c) Cannot always stand alone	6
(d) None of the above apply	0

3. Reaching.

(a) Cannot reach up one arm high enough to punch the air in an expression of joy without partner	15
(b) Cannot raise both hands above head in an expression of euphoria without partner	9
(c) None of the above apply.	0

4. Manual dexterity.

(a) Cannot hold a hand or scratch an itch	15
(b) Cannot squeeze a spot	9
(c) Cannot write a note	9
(d) None of the above apply.	0

5. Communicating with people

(a) Cannot convey a simple message, such as the presence of a hazard, to a stranger	15
(b) Has some difficulty conveying a simple message to strangers.	6
(c) None of the above apply.	0

6. Understanding communication

(a) Cannot understand a simple message due to over-reliance on partner	15
(b) Has significant difficulty understanding a simple message from a stranger	9
(c) Has some difficulty understanding a simple message from a stranger	6
(d) None of the above apply.	0

7. Being blinded by love

(a) Unable to acknowledge flaws in partners character (besotted)	15
(b) Cannot see other people (besotted)	15
(c) None of the above apply.	0

8. Control of sexual desires in public space

(a) At least once a month experiences noticeable arousal in public	15
(b) At risk of being noticeably aroused in public in certain situations	6
(c) None of the above apply.	0

9. Consciousness during waking moments.

(a) At least once a week, has an involuntary episode of lost or altered consciousness due to passion or intense feeling resulting in significantly disrupted awareness or concentration.	15
(b) At least once a month, has an involuntary episode of lost or altered consciousness due to passion or intense feeling resulting in significantly disrupted awareness or concentration.	9
(c) None of the above apply.	0

10. Being reasonable and coping with jealousy.

(a) Experiences serious jealousy and cannot cope if partner is spending time with friends (obsessive)	15
(b) Experiences jealousy and cannot cope if partner is having a	9

conversation with someone deemed a potential threat to the relationship.	
(c) None of the above apply.	0

11. Awareness of hazards (such as boiling water or sharp objects).

(a) Aloofness leading to reduced awareness of everyday hazards leads to a significant risk of: (i) injury to self or others; or (ii) damage to property or possessions such that they require supervision for the majority of the time to maintain safety.	15
(b) Head-in-the-clouds leads to reduced awareness of everyday hazards leads to a significant risk of: (i) injury to self or others; or (ii) damage to property or possessions such that they occasionally require supervision to maintain safety.	15
(c) None of the above apply.	0

12. Initiating actions

(a) Cannot, due to over-reliance of partner reliably initiate or complete at least 2 sequential personal actions. (pathetic)	15
(b) Cannot, due to over-reliance of partner reliably initiate or complete at least 2 personal actions for the majority of the time.	9
(c) Frequently cannot, due to over-reliance of partner, reliably initiate or complete at least 2 personal actions.	6
(d) None of the above apply	0

13. Coping with change.

(a) Cannot cope with any change to the extent that day to day life cannot be managed.	15
(b) Cannot cope with planned change (such as partner's pre-arranged business trip), to the extent that overall day to day life is made significantly more difficult.	9
(c) Cannot cope with unplanned change (such as partner leaving forever), to the extent that overall, day to day life is made significantly more difficult.	6
(d) None of the above apply.	0

14. Going out

(a) Cannot leave the house without partner. (pathetic)	15
(b) Is unable to get to a specified place without partner.	9
(c) None of the above apply.	0

15. Coping with social engagement

(a) Cannot meet with people when alone due to feeling of being cut in half	15
(b) Meeting with people causes distress due to feeling of being incomplete or inadequate as an individual	9
(c) Meeting is difficult due to feeling of being incomplete	6
(d) None of the above apply.	0

16. Appropriateness of behaviour with other people

(a) Has, on a daily basis, uncontrollable episodes of aggressive or disinhibited behaviour due to intense feeling or passion	15
(b) Frequently has uncontrollable episodes of rude or disinhibited behaviour due to self-abortion	9
(c) Occasionally has uncontrollable episodes of rude or disinhibited behaviour due to aloofness	6
(d) None of the above apply.	0